

	Mile	Name	Description
•	0.09	Parking Trailhead	Parking Trailhead - go right and down
	0.20	Bench	Bench
	0.45	Upper bridge	Bridge over cascade
	0.72	Lower bridge	Stream from bridge
		Bench	Bench
		Ascending	Heading back up the trail
	1.19	Bench	Bench
	1.37	Go left	Branch - take a left to the parking lot
		Bench	Bench
	1.73	End of trail	End of trail
			1

Directions

From the Peaks of Otter Lodge, follow the Blue Ridge Parkway north 2.4 miles to the Falling Water Cascades Parking lot on your left.



37.473120 -79.580605